

“We keep what we have only with vigilance, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our traditions. As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.”

The Twelve Traditions of Narcotics Anonymous

Groups, Areas and Regions are addressing new and sometimes difficult situations due to the coronavirus pandemic. The nature of these issues requires Narcotics Anonymous to interact in new ways with people and institutions outside of our fellowship. This challenging situation has put our Traditions into action, perhaps in different ways than in the past. The Traditions of Narcotics Anonymous, applied to our combined experiences, give us the tools we need to work through this time while maintaining the integrity of our Program.

Resourceful people that we are, we have come up with many ways to solve our situations. They are not the same for all Groups, Areas or Regions. The Southeast Zonal Forum's Public Relations Task Force has compiled a collection of resources that other Groups, Areas or Regions have already developed and shared, to address situations they are confronting. These resources are listed here, for easy reference and use by any individual member, NA group or service body that may choose to utilize them.

It has been wonderful to see how quickly Areas, homegroups and individual members have shifted to using technology to stay connected through online meetings, phone and text conversations, social media and more. Some groups have continued to meet in person – understanding that groups are autonomous, we would encourage groups to proceed with caution; to do the right thing to the best of their ability, for the good of the entire community; and to abide by public health directives to the letter, rather than looking for loopholes. We have all worked hard to build mutually respectful relationships with our meeting facilities and other organizations in the community. Our Tenth Tradition cautions against engaging in public controversy - while we have no opinion on the virus itself or the actions taken by various government agencies to combat it, we must abide by the law and public health directives as responsible members of our communities.

The suggestions and resources listed on this page have been developed by addicts, to serve addicts. They are only examples of what a Group, Area or Region found helpful for them. As the status of the pandemic continues to change, you may not find these resources applicable now, but they may be helpful at a later date as our communities change their requirements. As we go forward during this unusual time we are all in this together. We reach out to each other and to the newcomer as we have always done. **Unity is our strength.**

<https://www.youtube.com/watch?v=pCcOTWWmXRQ>

<https://www.youtube.com/watch?v=nsQAGTyfy8U>

https://www.youtube.com/watch?v=I7_5IM5qvZ8

<https://www.youtube.com/watch?v=B8RGAHSWRZA>

<https://www.youtube.com/watch?v=wDuQ6FVMrOM>

<https://www.youtube.com/watch?v=ESQRCuyJJig>

<https://www.wncna.org/events/>

<https://www.wncna.org/covid-19-guidelines/>

<https://www.wncna.org/covid-19-phase-2-3/>

<https://www.wncna.org/coronavirus-update-sheet/>

<https://www.na.org/admin/include/spaw2/uploads/pdf/CoronavirusWebMessage.pdf>

<https://www.crna.org/coronavirus-meeting-closures/>

https://www.na.org/admin/include/spaw2/uploads/pdf/COVID-19_Suggestions.pdf

<https://www.na.org/admin/include/spaw2/uploads/pdf/Checklist%20for%20Reopening%20Meetings.pdf>

https://www.na.org/admin/include/spaw2/uploads/pdf/CoCo-NA_Resumption%20Package.pdf

<https://www.na.org/admin/include/spaw2/uploads/pdf/COV1D19%20Safety%20Planning%20for%20Groups%20Northern%20Australia%20Area.pdf>